



## European Solidarity Corps

5 vacancies

59 days + 2 travelling

Place: Roquetes and Tortosa town

Entities: Obre't Ebre/ Atzavara Arrels / Brot del Sud

# INFOPACK SHORT TERM



Dear volunteer,

We are **Obre't'ebre, the coordinating organization for 3 short term** projects in Tortosa, Jesús and Roquetes. You can chose:

- 1) **Obre't Ebre** (helping out with leisure time activities during summer): **up to 5** volunteers at the same time.
- 2) **Atzavara-arrels** (youth and children from 6 years old): **1** volunteer at the same time.
- 3) **Brot del Sud** (eco gardening, environmetal education, and reparation of Tower Sant Anton): **2** volunteers at the same time.

Thank you for your interest in participating, contibuting, and cooperating with INTEGRATION FOR ALL. Please, read the information below in this guide where you can find useful information about our ECS project in Terres de l'Ebre, in Catalonia.

Please, do not hesitate to contact us with any of your questions!

**Coordinator organization:** Obre't Ebre



@associacioobretebre



@obretebre



[www.obretebre.org](http://www.obretebre.org)

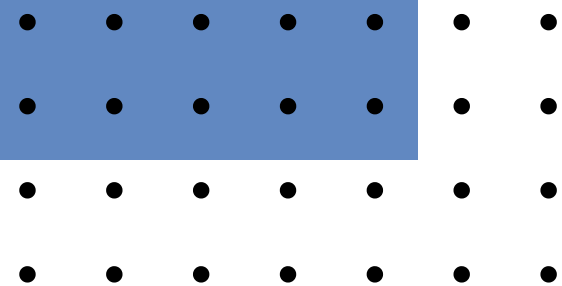


[mobilitat.obretebre@sinergia.org](mailto:mobilitat.obretebre@sinergia.org)

# 1) Obre't Ebre

**Obre't'ebre** is a non-profit youth organization, founded in 2005 to promote universal values such as solidarity, tolerance, and respect, through local, regional, and international projects.

The main objectives of the association are: to foster the social inclusion of young people, generate socio-community actions to foster social cohesion and the values of cooperation, tolerance, respect, and justice, foster participation to educate active citizenship, and promote volunteering as a tool for social cohesion. In addition to informing, advising, coordinating, and managing international mobility programs in the field of non-formal education. To achieve its goals, the association works with the following programs: awareness, mobility, participation, and training.





# Volunteer's tasks in Obre't Ebre

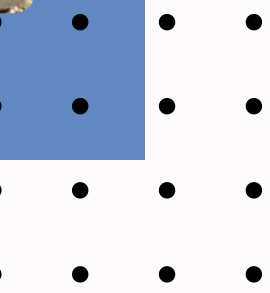
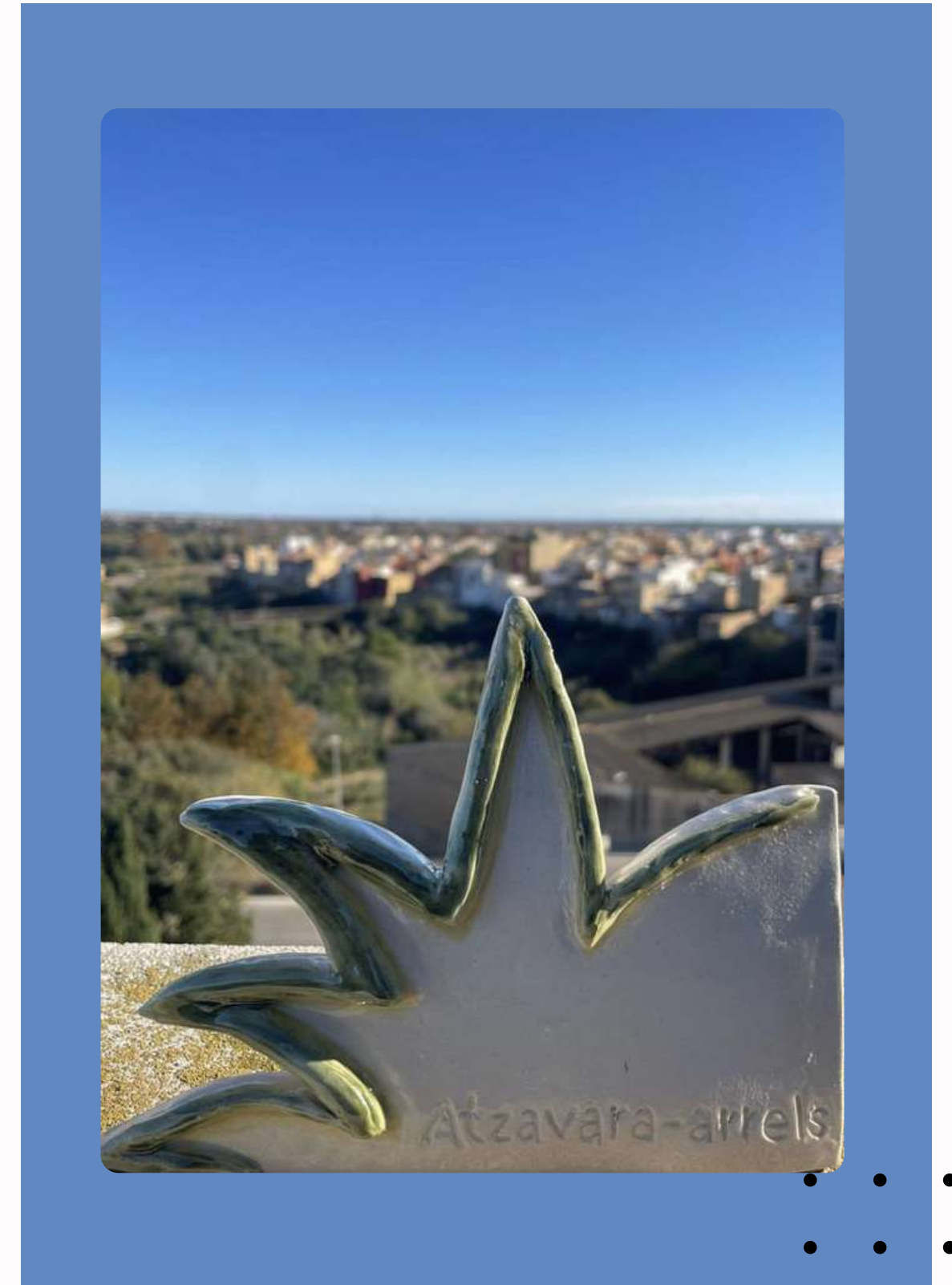
HOURS: between 30 and 35h

## International or national exchanges/camps:

- Help to prepare the activities for the international or national work camp and youth exchange during summertime, and be part of it **as a co-leader**.
- Help to organize **energizers**.
- Accompany the facilitator to **organize workshops**.
- Do the **photo and video report** during the exchanges.
- Have extra pair of hands in **food organization**.

## 2) Atzavara -Arrels

**Atzavara-arrels** is a non-profit association created in 2000 in Tortosa on the initiative of people from different backgrounds and professional fields to contribute to make Tortosa a fairer and more supportive city and to promote equal opportunities in a plural and diverse society. The main objectives are social inclusion and promoting the values of diversity, respect and solidarity among people, dialogue, critical reflection and knowledge, the defense of human rights, equal opportunities, and respect for difference. Our target is people belonging to vulnerable groups and locals in general. We work with children from 6 to 12 years old, young people from 12 to 25 years old, and women of all ages, mostly from Morocco, Gambia and Senegal.





# Volunteer's tasks in Atzavara-Arrels

HOURS: between 30 and 35h



**Esplaiat Azavara: helping children and youth doing their homework, and also creating creative workshops for them.**



**During school holidays periods the volunteer will help to develop activities for youth, also in other local organizations where Atzavara is working.**

# 3) Brot del Sud

The main objective of **Brot del Sud**, is to raise awareness of the protection of the ecosystem. To do that Brot del Sud develops its activity in the ecological garden located in Torre de Sant Antoni. We sell baskets of seasonal vegetables weekly to the local community and we organize workshops and activities for the different target groups (students, children, etc) about eco gardening.

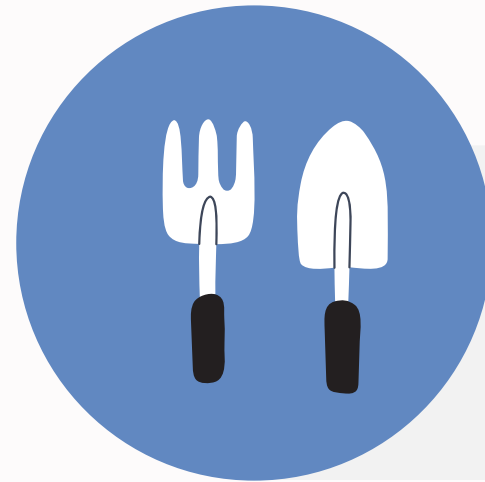
One of our main tasks is to preserve the area of Sant Antoni Tower, which is 4 hectares big; we prune the trees, cultivate the outdoors, or build hostel insects for example. In addition, the inner part of the house is also in charge of this project and we help to make Sant Antoni house a welcoming and cozy place for all the groups of our projects.





# Volunteer's tasks in Brot del Sud

HOURS: between 30 and 35h



Help out in the ecogarden in all the phases (cultivating, pruning or preparing baskets)



Arranging furniture and other elements outside and inside of Sant Antoni



Educational activities for different target groups



## SHORT TERM VOLUNTEERING

(CHOOSE 59 DAYS+ 2 TRAVELING DAYS)

<b>Entity/Months</b>	<b>JA</b>	<b>FE</b>	<b>MA</b>	<b>A</b>	<b>M</b>	<b>A</b>	<b>M</b>	<b>JU</b>	<b>JL</b>	<b>AU</b>	<b>SEP</b>	<b>OC</b>	<b>NO</b>	<b>DE</b>
<b>Obre't Ebre</b>								X	X					
<b>Atzavara-arrels</b>	X	X	X	X	X	X	X	X				X	X	
<b>Brot del Sud</b>						X	X	X			X	X	X	



# Volunteer's profile

- Is open-minded towards differences and has an unconditional respect for the others
- Is interested in working with diversity of people
- Is willing to do the tasks
- Has previous experience in volunteering at the local level
- Has a personal interest in the topic covered by the association
- Is highly motivated to learn Catalan and Spanish
- Is highly motivated to have relations with the community

# Practical arrangements



- The shopping list will be done by the volunteers
- The food will be delivered every 2 weeks by a supermarket



- Facilities and rooms (4-6 double beds) are shared.
- Free WIFI
- Sharing the house with other projects is possible.
- Deposit of 100 euros on arrival. Returned at the end if belongings are fine



- Working hours maximum 35 hours per week
- Personal project (not compulsory)
- If working weekends, it will be compensated during the week
- 2 days off per month



- Monthly pocket money at the beginning of each month ( 6 euros per day)

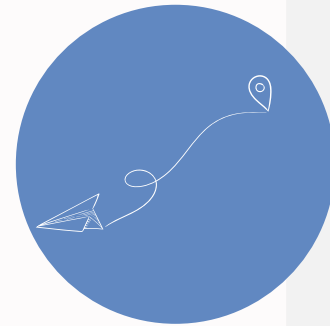


- EU citizen, bring your European Health Insurance Card. For non-EU citizens, we have to apply to Henner Insurance
- Spanish community: do not forget to bring your Social Security Number

# Practical arrangements



Volunteers have a mentor. Individual mentoring and group mentoring with other volunteers are compulsory



- Travel costs will be reimbursed after submitting tickets, bills, boarding passes, etc
- Travel costs are based on EU travel grant accordingly to the ESC program



- Visa costs can be covered. First, ask us about the assigned amount
- Ask us for the supporting letters on time
- Make sure of the procedures and dates with your embassy to obtain the visa



- Each volunteer will have a bike, helmet, and a bike lock
- On arrival, volunteers need to know that helmet (10 Euros ), bike lock (10 Euros), and bike (60 Euros) are priced at 80 Euros. If volunteers lose, break, or damage the items they will need to replace them

# More information

<b>Obre't Ebre</b>	<a href="http://www.obretebre.org">www.obretebre.org</a>
<b>Atzavara-Arrels</b>	<a href="https://webfacil.tinet.cat/atzavar/110594">https://webfacil.tinet.cat/atzavar/110594</a>
<b>Brot del Sud</b>	<a href="https://www.instagram.com/brotfelsud/">https://www.instagram.com/brotfelsud/</a>

*To become a short term  
volunteers...It is important that the  
volunteer likes to work with young  
people and children and nature,  
someone who likes being with  
people*

